

## Support your child at school

### Starting school

#### How do I prepare my child for school?

- **Starting school is a big step and can be positive as well as daunting for both of you.**
- **Make at least one visit to the school before your child starts to show them their new classroom and meet their teacher. This helps your child to become familiar with new surroundings.**
- **Find out about the daily routine and let your child know what to expect.**
- **Walk or drive to school together so your child gets to know the route.**
- **Your feelings will guide your child's emotions; approach the first day with confidence and tell your child that they'll be fine.**
- **Listen to your child and give them plenty of opportunities to talk to you about their day.**

#### Useful contacts

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[www.bbc.co.uk/parenting/  
your\\_kids/primary\\_starting.shtml](http://www.bbc.co.uk/parenting/your_kids/primary_starting.shtml)  
[www.raisingkids.co.uk/1\\_4/tod\\_care08.asp](http://www.raisingkids.co.uk/1_4/tod_care08.asp)  
[www.dcsf.gov.uk](http://www.dcsf.gov.uk)

#### **Sure Start**

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